

# Quit tobacco with **Group Quit.**

There's never been a more  
important time to quit.



Join us for a Group Quit for  
Moms & Family Members

## Benefits:

- **FREE** expert-led sessions.
- Children are welcome.
- **FREE** nicotine replacement therapy such as patches, gum or lozenges.\*
- Covers all forms of tobacco.
- Develop your personalized quit plan.
- More than **DOUBLES** your chances of success.



**Florida  
HEALTH**

Learn more about all of  
Tobacco Free Florida's tools and services at  
[tobaccofreeflorida.com/quityourway](https://tobaccofreeflorida.com/quityourway)

Group Schedule:

**FREE DIAPERS AND  
WIPES FOR ALL WHO  
ATTEND.**

**DATE: Every Wednesday  
August 21, 2024 through  
September 11, 2024  
5:30PM to 6:30PM**

**LOCATION**  
**Florida Department of Health  
in Flagler County**

**301 Dr. Carter Blvd  
Bunnell, FL 32110**

**Main Lobby**

Use the below QR code to  
register:



Sponsored by:



For more information on Group  
Quit sessions, contact:

Northeast Florida Area Health  
Education Center  
904-482-0189

\*if medically appropriate for those 18 years of age or older.  
All pregnant or breastfeeding women must have a note  
from their medical provider to receive the FREE Nicotine  
Replacement Therapy. To learn more, call (904) 482-0189.