

August 14, 2018

Contact:

Gretchen Smith

Gretchen.Smith@FLHealth.gov

386-276-1168



Bunnell Named Healthiest Weight Community Champion



BUNNELL, FL - The City of Bunnell was recognized as one of 46 Florida communities named 2018 Healthy Weight Community Champions. The recognition program highlights local government efforts to increase physical activity and improve nutrition as part of Healthiest Weight Florida.

Florida's county and municipal governments play an important role in improving the health of all communities and people, particularly those that have implemented policies, programs and places that increase physical activity and improve nutrition. Between February and April 2018, local governments were invited to submit best practices to demonstrate how they met the Healthy Community Champion criteria.

"I am pleased to recognize Bunnell as one of the Healthiest Weight Community Champions for the second year in a row," said Robert Snyder, health officer for the Florida Department of Health in Flagler. "The city's continuing commitment to encouraging residents to exercise and eat right is commendable. We are happy to partner with Bunnell on this and other health-related initiatives."

Bunnell's Mayor Catherine Robinson, a registered dietitian and certified diabetes educator, has a personal interest in this recognition.

"It is an honor to accept this award on behalf of our citizens and staff," said Robinson. "Health and wellness is maintained through improved nutrition and daily activity. We live in a wonderful community to accomplish this."

Gretchen Smith, communications manager and public information officer for the Florida Department of Health in Flagler (DOH-Flagler) presented a certificate to Robinson and city commissioners on August 13. Smith mentioned that, in addition to Bunnell winning the award in 2017 and 2018, Flagler County earned the designation in 2014, 2016 and 2017, and the city of Palm Coast in 2016.

The Health Department offers Health and Wellness programs through the Healthiest Weight Program. Efforts include [Small Steps to Living Healthy](#), an email-based program that delivers weekly tips into subscribers' mailboxes, and other local initiatives. Contact DOH-Flagler for more information.

About the Florida Department of Health

The department, nationally accredited by the Public Health Accreditation Board, works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

Follow us on Twitter at @HealthyFla and on Facebook. For more information about the Florida Department of Health please visit www.FloridaHealth.gov.

For information about the local health department, go to flagler.floridahealth.gov, call 386-437-7350, or visit the office at 301 Dr. Carter Blvd. in Bunnell.